

Discharge instructions: TLSO brace

TLSO (thoracic/lumbar/sacral orthotic) brace

- The brace should be worn whenever you are up and out of bed or not supported in a chair.
- There is surgical hardware in place for stability of a spine fracture, but the brace will serve as a cast to prevent progressive angulation of the spine while the bone is healing and fusing.
- Some patients may experience weight loss and the brace will need to be refit if it becomes too loose. Please contact us to schedule an appointment.